Amplifying Our Voice: Leading Boldly for Our Students, Our Professions, and Our Union

Resilience Film and Discussion
Emily Theresa Stanton
COMPETENCY: ADVOCACY

• NEA Leadership Competency progression level(s).
  -Level 1: Foundational

• NEA Leadership Competency themes within the competency that this presentation is designed to address:
  • Utilizes best practices in advocacy
  • Interprets and acts on social and racial justice initiatives
  • Makes strategic plans that are data driven and uses analysis and metrics to achieve key advocacy and political goals
NEA Strategic Goal and NEA Organizational Priority addressed in this session:

• NEA Strategic Goal
  - advancing opportunities that will identify, organize, and engage new and early career educators; amplify the voices of all educators, support our members’ professional growth, and promote social justice for our students, communities and our nation

• NEA Organizational Priorities
  - Racial Justice in Education
  - Supporting Professional Excellence

(emphasis added)
ACES overview:

- ACES are Adverse Childhood Experiences

- The initial phase of the ACE Study was conducted at Kaiser Permanente from 1995 to 1997 by Dr. Feletti and Dr. Anda.

- ACES Screener-optional, data will be charted for this group
Resilience Film

We will now view the 60 minute documentary film “Resilience, the Biology of Stress and the Science of Hope”

Following the film we will have a discussion related to fostering resilience.
Discussion

We, as educators, can and will foster resilience in the kids we interact with! This will change their lives for the better.

Positive experiences can mitigate the long-term effects of trauma.

- Our ACES and Our protective factors
- Factors that increase resilience (HOPE study, BCE’s etc.)
- How can Trauma-Informed Educators foster resilience in children?
  - provide a safe and supportive environment
  - support teaching social-emotional skills
  - show students that you care and support their self-regulation
  - Paradigm shift: what happened to you vs. what’s wrong with you?
“The single most common factor for children who develop resilience is at least one stable and committed relationship with a supportive parent, caregiver, or other adult.”
Session Outcomes

The content from this session can be used in the following ways in your current position/role:

• Outcome #1: Know what ACES are and what kind of ACES we all bring into the educational setting.
• Outcome #2: Know how vital you are in the role of fostering resilience in the individuals you interact with.
• Outcome #3: Share what you have learned with other educators.
Closing

• Please complete the evaluation for this breakout session by using the NEA Summit Mobile App!

• Please visit the Leadership Development Resources website at www.nea.org/leadershipdevelopment

• To contact me: Theresa Stanton (e.theresa.stanton@gmail.com)

Thank you so much for coming!