We survived our first year so will you!
Survival guide to your first year in the classroom.

5 tips to help you survive and thrive in your first year
Housekeeping

- Phone lines will be muted during the meeting/webinar. We will get started at 8pm EST
- Use Chat to submit questions while the presenters are sharing or Press *3 on your phone to ask a question live
- Thank you for your professionalism and patience with the virtual meeting process!
Monica Smith

- Cary, North Carolina
- Senior, NC State University
- Elementary Education major, ESL and Reading add on
- Currently teaching 4th grade and ESL
- NC Aspiring Ed, 4 years
- Student NC Association Board of Directors, Region 5
- Zone 2 Director AE Caucus
- Loves travel, outdoors, and spending time with family.
Tip #1: Build Community

- Your relationships with others will keep you strong, and they might be the key to fueling your energy to persist through challenges.
  - Other educators in your building, your Association, former classmates, etc.
Tip #2: Find a Mentor

- You need a mentor willing to share wisdom and expertise, and remind you at the end of things will get easier when you feel overwhelmed.
Tip #3: Demand Relevant Professional Development

- Furthering education and knowledge in a teacher’s subject area
- Training or mentoring in specialized teaching techniques that can be used in many different subject areas
- Earning certification in a particular educational approach or program
- Learning new technological skills
- Improving fundamental teaching techniques
- Professional learning communities
- Developing technical, quantitative, and analytical skills that can be used to analyze student-performance data
Justin Johnson

- Riverdale, Georgia
- Business Education Teacher, Chamblee Middle
- GAE Secretary-Treasurer
- Founding GAME Member
- Loves travel, shopping, and spending time with family.
Tip #4: Write it Down

- WHY did you decide to go into education?
- If you could describe the perfect educator, what qualities/skills would be embodied?
- WHAT is your personal philosophy of education?
Tip #5: Self Care is Paramount

- You cannot pour into your students if you are empty.
- Work-life balance applies to educators too.
QUESTIONS