Amplifying Our Voice: Leading Boldly for Our Students, Our Professions, and Our Union

suicideTALK: an exploration of suicide awareness
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COMPETENCY: Leading our Professions

• Education employees of all types can help keep students and members safer from suicide.

• Transforming education by increasing training and awareness
• Helping students learn by keeping them alive
• Helping members who may be under stress
COMPETENCY: Governance and Leadership

• Sets the mission of having trained staff and leadership
• Provides a strategy for supporting members and students who may be under stress
• Recognizes that leadership is diverse – that anyone could be thinking of suicide, and that others can have life-saving awareness skills
INEA Strategic Goal and NEA Organizational Priority this session addresses:

• NEA Strategic Goal
  -advancing opportunities that will support our members’ professional growth, and promote social justice for our students, communities and our nation;
  -building the capacity of the local, state and national union to ensure the success of public education.

• NEA Organizational Priorities
  -Early Career Educator
  -Racial Justice in Education
  -My School, My Voice
  -Supporting Professional Excellence
Session Outcomes

The content from this session can be used in the following ways in your current position/role:

• Participants will have increased awareness around suicide, and willingness to talk about it.

• Participants will become familiar with the TALK steps (TELL, ASK, LISTEN, KEEP SAFE) to use with students or colleagues who are having suicide thoughts.

• Participants will have resources for helping to keep students and colleagues safer from suicide.
•Should we talk about suicide?
• Why do people avoid direct talk about suicide?
• TALK:

• Tell, Ask, Listen, Keep Safe
• TELL

• What are ways in which people “tell” us they are thinking of suicide?
• ASK

• Directly, clearly, non-judgmentally
Sometimes when ______, people are thinking of suicide. Are you thinking of ending your life?
• LISTEN

• Listening for what they need to say – not what we hope they might say
• KEEP SAFE

• Resources must be able, approachable, and available.
• What things sustain you and keep you safer from suicide?
•Walking the TALK
• Additional resources (time allowing)
Closing (Last slide)

• Please complete the evaluation for this breakout session by using the NEA Summit Mobile App! (Allow at least 5 minutes at the end of the session.)

• Please visit the Leadership Development Resources website at www.nea.org/leadershipdevelopment