Welcome to
*Managing Work Life Balance and Thriving as a New Educator*

Webinar Ground Rules…

- Phone lines will be muted during the meeting/webinar. We will get started at 8pm EST
- Use Chat to submit questions while the presenters are sharing or Press *3 on your phone to ask a question live
- Thank you for your professionalism and patience with the virtual meeting process!
Meghan Flaherty  
Tampa, Florida

- Graduate of the University of South Florida, B.S 2017
- 2nd Year teacher in Hillsborough County Public Schools
  - Year 1: 4th Grade ELA
  - Year 2: 5th Grade ELA
- HCTA Building Representative 2018
- Florida’s Young Remarkable Educators’ member
It’s okay...

Trust me when I say, it’s OKAY if the papers don’t get graded, homework copies don’t get made, and whether or not you leave your classroom a mess.

Being an educator is mentally, emotionally, and often times physically demanding. You do not have to be the “Yes Man” on campus. Years 1 - 5 are about growing as an educator and doing what is best for yourself and the success of the students in your classroom.
Tips

- Find a buddy that you can go to for all those “silly” questions you might have- They have been in your shoes!
  - My buddy was assigned to me during pre-planning from my admin.

- Make a specific Weekly ‘To-Do” list: copies, Grading, Filing.
  - Every Tuesday I make the upcoming week’s copies

- Utilize a Planner to organize your lessons, meetings, trainings, and commitments.
  - I use an Erin Condren Lesson Planner,

- Set boundaries. Don’t stay at school until 6pm trying to “catch up” or organize. Spend your time on yourself.
  - I arrive 25 minutes before and leave at the contracted end of day. (6:45-3:10)
Jake Smulkowski

- Post Falls, Idaho
- 10 years in teaching: 2nd, 4th, 5th grade
- Currently: 4th/5th grade combo class of gifted and talented students
- President, Post Falls Education Association
- Board of Directors, Trainer, IGNITE Committee, Idaho Education Association
- Father, husband, political activist, woodworker, gardener, outdoorsman
Balance

- Treat yourself with grace and patience.
- Strive for balance in your life.
- Recognize that if you give 100% to one thing, it will be to the detriment of others.
- Find ways to foster quality time and relationships.
Questions
Helen Casto

- 6th year teacher (Sub, PK, K)
- Currently teaching: Kindergarten
  - Kinder “gardener”
  - Cooperative Culture Solutions Team Leader
- Ohio’s New Educators
  - Advisory Council
  - Member Ambassador

Phone: 740-461-8667
Email: helen4102010@gmail.com
Tips for New Educators

- Don’t sweat the small stuff!
  - They will learn something no matter what.
  - Students will always remember how you made them feel.

- Do everything you can to connect and network right away!!
  - Teaching is hard! Don’t keep it bottled up. Share it with someone.
  - See a free professional development or event for teachers? GO!!!
    - Meet people going through the same things.
    - Get free stuff!!
Jake Barry

- Graduate of Wayne State College, B.S. 2014
- 3rd year educator at Elkhorn Public Schools
- Currently teaching 8th grade writing
- NGEN State Committee and Local Chair
Tips

K.I.S.S. (Keep It Super Simple)
- The simpler, the better!
- Don’t make things more complicated than they already are.
- Simple action steps for you and your students.
- Let the students do the leg work in their learning.

Create YOUR Routine
- Find what works for you and your priorities.
- Make time for the small things that make you happy!
- Make a yearly outline
Questions