



# 100 Piece Trail Mix Snack

## Materials Needed:

- Trail mix ingredients (see below) divided into bowls
- Plastic bags labeled with children's names
- 8 1/2 x 11 paper grids with 100 squares (for counting 100 items)

**Background Information:** Children should be able to place one item in each square of the paper grid. They should be able to count to 100 with support.

**Introduction:** We all know how much Curious George likes treats! Tell your students that they will be using a piece of paper with a grid of 100 numbered squares to count out 100 pieces of various trail mix ingredients in order to make their own special snack for the 100<sup>th</sup> day of school.

**Teaching:** Model for your students how you might place one sunflower seed (for example) per square on your paper grid as you begin to fill it up. Some young children will need to be reminded that in order to be accurate, each square should have no more or less than one item in it. Tell them that when they are finished they will receive a plastic bag with their name on it that they can put each piece inside.

**Activity:** This may be done in small groups during *choice time* or as a class activity in which children work at their tables. Each table should be supplied with a variety of trail mix ingredients in bowls that are easily accessible to each child. With supervision, children choose from a variety of trail-mix ingredients and place each item on a square of the grid until they have filled it up. For more experienced counters, you could supply ten different varieties of trail mix ingredient and have the children place ten of each item on their grid. After children have put their snack into their plastic bag, collect them and save them for snack time! Some possible ingredients: M&M's, sunflower seeds, peanuts, raisins, bits of dried apple, Cheerios, chocolate chips, Chex cereal, almonds, cashews.

**Snack Time:** Pass out the snacks to each child. You may want to celebrate by counting to 100 together before enjoying your treats!

*Make sure to check first about nut and other allergies.*

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