





# Amplifying Our Voice: Leading Boldly for Our Students, Our Professions, and Our Union



Resilience Film and Discussion  
Emily Theresa Stanton



# COMPETENCY: ADVOCACY

- NEA Leadership Competency progression level(s).  
-Level 1: Foundational
- NEA Leadership Competency themes within the competency that this presentation is designed to address:
  - Utilizes best practices in advocacy
  - Interprets and acts on social and racial justice initiatives
  - Makes strategic plans that are data driven and uses analysis and metrics to achieve key advocacy and political goals

# NEA Strategic Goal and NEA Organizational Priority addressed in this session:

- NEA Strategic Goal

-advancing opportunities that will identify, organize, and engage new and early career educators; amplify the voices of all educators, support our members' professional growth, and **promote social justice** for our students, communities and our nation

- NEA Organizational Priorities

**-Racial Justice in Education**

-Supporting Professional Excellence

(emphasis added)



## ACES overview:

- ACES are Adverse Childhood Experiences
- The initial phase of the ACE Study was conducted at Kaiser Permanente from 1995 to 1997 by Dr. Feletti and Dr. Anda.
- ACES Screener-optional, data will be charted for this group

## Resilience Film

We will now view the 60 minute documentary film  
“Resilience, the Biology of Stress and the Science of Hope”

Following the film we will have a discussion related to fostering  
resilience.

## Discussion

We, as educators, can and will foster resilience in the kids we interact with! This will change their lives for the better.

**Positive experiences can mitigate the long-term effects of trauma.**

- Our ACES and Our protective factors
- Factors that increase resilience (HOPE study, BCE's etc.)
- How can Trauma-Informed Educators foster resilience in children?
  - provide a safe and supportive environment
  - support teaching social-emotional skills
  - show students that you care and support their self-regulation
  - Paradigm shift: what happened to you vs. what's wrong with you?

**“The single most common factor for children who develop resilience is at least one stable and committed relationship with a supportive parent, caregiver, or other adult.”**



## Session Outcomes

The content from this session can be used in the following ways in your current position/role:

- Outcome #1: Know what ACES are and what kind of ACES we all bring into the educational setting.
- Outcome #2: Know how vital you are in the role of fostering resilience in the individuals you interact with.
- Outcome #3: Share what you have learned with other educators.

## Closing

- Please complete the evaluation for this breakout session by using the NEA Summit Mobile App!
- Please visit the Leadership Development Resources website at [www.nea.org/leadershipdevelopment](http://www.nea.org/leadershipdevelopment)
- To contact me: Theresa Stanton ([e.theresa.stanton@gmail.com](mailto:e.theresa.stanton@gmail.com))

Thank you so much for coming!