



# Bullying Prevention

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- **What is Bullying?**
- **How can we prevent bullying?**
- **Communication**
- **Restorative Practices**

# **Webinar Overview**

# Poll:

**Who knows  
public  
schools  
best?**

- **1. Students**
- **2. Families**
- **3. Educators**
- **4. Elected officials**



# What is Bullying?



# What is Bullying?

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated.

# What is NOT Bullying?

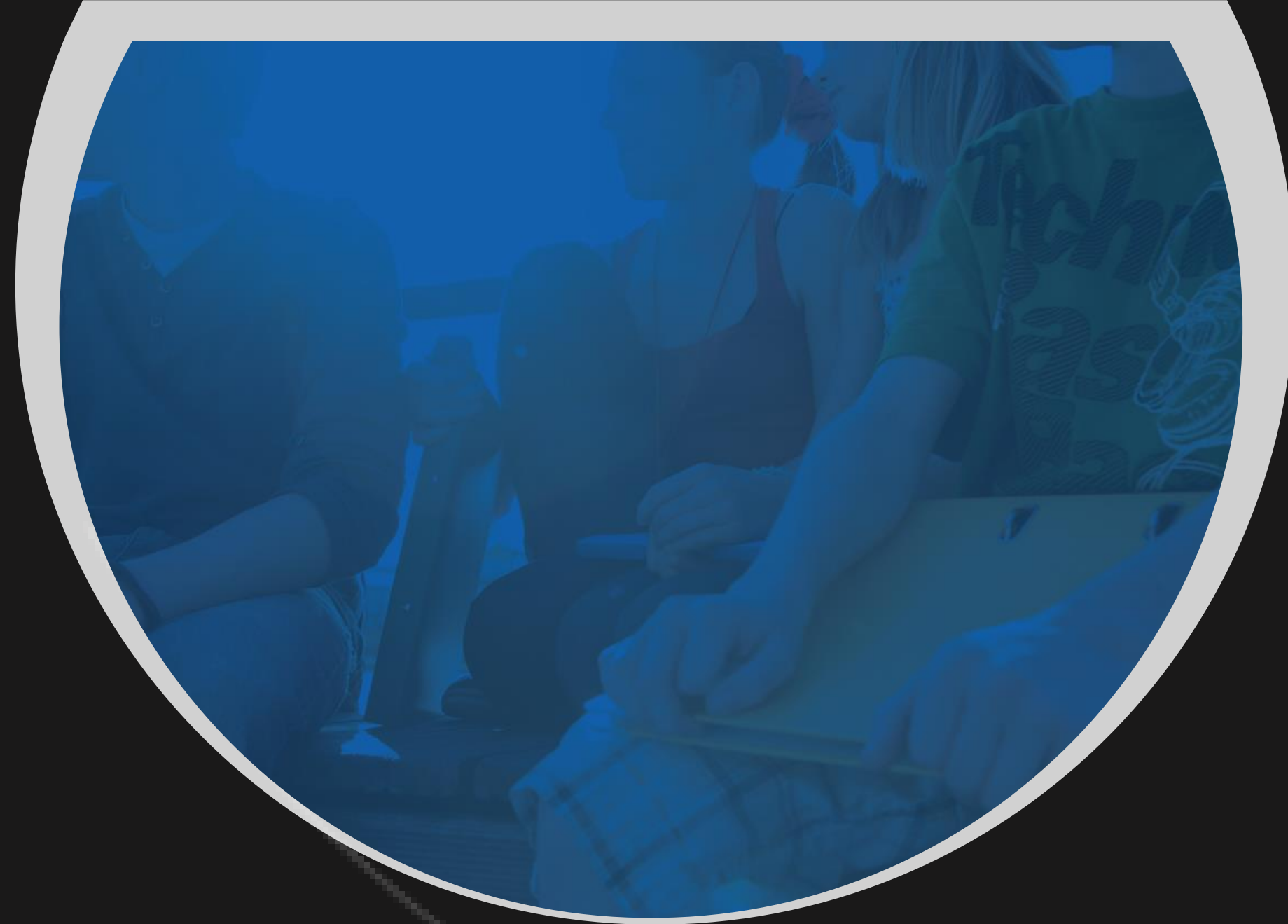
Occasional disputes, even ones of a serious nature are not considered bullying. A child being unkind is not necessarily being a bully.



**How can we help  
prevent bullying?**

# Bullying Prevention

- 1. Understand the basics of bullying.**
  - bullying vs. tattling; in person vs social media**
- 2. Listen to and understand concerns.**
- 3. Encourage kids to do what they love:**
  - special interests, activities.**
- 4. Model how to treat others with kindness and respect**
- 5. Encourage how to speak to a trusted adult.**
- 6. Encourage students to stand up for themselves and**



# Communication





- 1. Clear communication among all stakeholders (parents, students, teachers, and administrators) so that everyone understands the district protocols, as well as the ever changing state laws.**
- 2. Encourage and lead conversations about bullying: why do you think people bully? Have you ever felt scared to come to school because someone was bullying you? Do you have a trusted adult?**

A group of people, including men and women, are gathered around a table in what appears to be a meeting or collaborative work environment. They are looking at documents and talking. The image is overlaid with a semi-transparent blue filter.

**How can educators  
mediate bullying issues  
in school?**



# 1. Teaching Strategies

# 2. Using Restorative Practices

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